



Play Youth Rugby This Summer - Join the RAYs!

The Ridgewood Area Youth (RAY) Rugby Association is holding our 2008 season starting in May and running into the summer. Now in our fourth season, the program is being expanded to include games against other towns and the Youth Flag Rugby Tournament in Morristown, NJ. We've already made a successful trip to the Ivy League Rugby Tournament at Columbia's Baker Field on April 26.

WHERE » Brookside and Vets Fields in Ridgewood
SEASON » starts May 24th

- Saturday May 24, 2008 9 AM – 1 PM (Clinic at Vets)
- Saturdays June 28, July 5 & 12 (9 -10:30 AM practice @ Brookside field, near RHS)
- Saturday July 19 – Game vs. Morris (home @ TBD)
- Sat. July 26 – Morristown Rugby Tournament (Away)

Our program will continue to serve both girls and boys ages 7-14. The program will be flag (non-contact) although we will be adding many elements of the real game of rugby such as scrums, line-outs, and kicking. Flag Rugby is:

- Safe, fun, & easy to learn
- Complementary to other sports
- For Boys and Girls ages 7-14 (all are welcome to attend with friends/family)

Rugby is the fastest growing youth sports in the country. While Rugby has long had a presence at college campuses around the country, the last few years have seen tremendous growth. Programs have grown to varsity status, facilities have been developed, and colleges such as Dartmouth, Harvard, Penn State, Stanford, and Cal Berkley now actively recruit student-athletes for their rugby programs.

We plan on continuing to grow the program by introducing a high school level spring program of full tackle rugby for kids 15 and over. This will be put in place over the next few years and we hope our efforts with the kids today will act as a great foundation for that program in the future.

While the Ridgewood area already supports many sports program, we have found that many kids stop playing sports at the High School level. Rugby will be another outlet for kids to participate in sports and will give them the opportunity to enjoy one of the most popular sports in the world.

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