



**RIDGEWOOD AREA YOUTH**  
RAY RUGBY ASSOCIATION

[www.ridgewoodrugby.com](http://www.ridgewoodrugby.com)

April 27, 2009

Dear Rugby Participants,

The Ridgewood Youth Rugby Association (RAY's) is kicking off the 2009 season with 2 events in May and then running late June through July. Now in our fifth season, the program is being expanded to include a Rugby Event at the SUPERDOME in Waldwick, games against other towns, a High School age program, and the Youth Rugby Tournament in Morristown, NJ. The bulk of the season is on Saturdays in late June through July so as not to conflict with other sports.

- **Friday May 15, 2009** – SUPERDOME, Waldwick (134 Hopper Ave) 7-9 PM - Indoors
- **Saturday May 23, 2009** – (Clinic 9 -11 AM at Vets and Game vs. Morris)
- **Saturdays June 27, July 4, 11, and 18 GAMES** – (9 -11 AM at Brookside or TBD)
- **Sat. July 25** – Morristown Rugby Tournament (Away)

Our program will continue to serve both girls and boys ages 7-14. The program will be flag (non-contact) although we will be adding many elements of the real game of rugby such as scrums and line-outs. Flag Rugby is:

- Safe, fun, & easy to learn
- Complementary to other sports
- For Boys and Girls ages 7-14 (all are welcome to attend with friends/family)

**Rugby** is the fastest growing youth sports in the country. While Rugby has long had a presence at college campuses around the country, the last few years have seen tremendous growth at the high school and collegiate level. Programs have grown to varsity status, facilities have been developed, and colleges such as Dartmouth, Harvard, Penn State, Stanford, and Cal Berkley now actively recruit student-athletes for their rugby programs.

We have also launched a county-wide high school level spring team for kids 14 and over (see [www.bergenrugby.com](http://www.bergenrugby.com) for information). While the Ridgewood area already supports many sports program, we have found that many kids stop playing sports at the High School level. Rugby will be another outlet for kids to continue participating in sports and will give them the opportunity to enjoy one of the most popular sports in the world.

**Registration** - can be done online ([www.ridgewoodrugby.com/registration.php](http://www.ridgewoodrugby.com/registration.php)), mailed back (form is enclosed), in person at the SUPERDOME Rugby Event May 15, or in person at the Ridgewood Community Center (Town Hall) Tuesday May 19 and Thursday May 21 from 7-9 PM.

Please feel free to contact us if you have any questions. Regards,

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